



THE SIXTEENTH ANNUAL REPORT
OF THE
Brighton County Borough
MENTAL HOSPITAL,

HAYWARDS HEATH

Being the 61st Annual Report since the
Opening of the Hospital,

FOR THE YEAR 1919.

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OF THE
BRIGHTON COUNTY BOROUGH
MENTAL HOSPITAL,
HAYWARDS HEATH,
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SINCE THE
OPENING OF THE HOSPITAL,
FOR THE YEAR 1919.

HAYWARDS HEATH:

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LIST OF MEMBERS OF THE VISITING COMMITTEE, WITH THE DATES OF THEIR APPOINTMENTS.

ALDERMAN WILLIAM GEORGE WELLMAN, J.P. (<i>Mayor</i>) (ex-officio),	Nov., 1919. 111 Beaconsfield Villas, Brighton.
ALDERMAN JAMES COLBOURNE, J.P. (<i>Chairman</i>),	Nov., 1903. 24 Preston Park Avenue, Brighton.
ALDERMAN HENRY GERVIS, J.P.,	Nov., 1919. 74 Dyke Road, Brighton.
ALDERMAN JOHN LINTOTT,	Sept., 1908. 1 Waldegrave Road, Brighton.
ALDERMAN WILLIAM STEVENS, J.P.,	April, 1919. 26 Marlborough Place, Brighton.
ALDERMAN JOSEPH STRINGER,	Nov., 1903. The Nook, Wellington Road, Brighton.
ALDERMAN FRANCIS THOMAS WILSON, J.P.,	June, 1912. 21 New Steine, Brighton.
COUNCILLOR WILLIAM FORTT BOOTH,	Nov., 1919. 29a Montpelier Crescent, Brighton.
COUNCILLOR THOMAS JAMES BRAYBON,	Nov., 1913. Devonshire House, West Drive, Brighton.
COUNCILLOR WILLIAM HERBERT HEWETT,	Nov., 1914. 40 Queen's Park Terrace, Brighton.
COUNCILLOR JOHN MANSFIELD,	Nov., 1916. 17 Stanford Avenue, Brighton.
COUNCILLOR MITCHELL,	Nov., 1918. Wynnstay, Burgess Hill, Sussex.
COUNCILLOR JOHN SOUTER PORT,	July, 1912. 49 Beaconsfield Villas, Brighton.
COUNCILLOR A. J. SMITH,	Nov., 1918. Clovelly, Surrenden Road, Brighton.
COUNCILLOR CYRIL WILKINSON,	Mar., 1912 7 Cavendish Place, Brighton.

31st MARCH, 1920.

LIST OF THE OFFICERS.

Medical Superintendent—C. Planck, Esq., M.A. (Camb:), M.R.C.S. and L.R.C.P.

First Assistant Medical Officer—G. H. Harper-Smith, Esq., M.A., M.D. (Camb:), M.R.C.S. and L.R.C.P.

Second Assistant Medical Officer—H. J. Forster, Esq., L.R.C.P. (Irel:), Lic. Med. and Surg. and L.S.A. (Lond.)

Consulting Surgeon—R. F. Jowers, Esq., F.R.C.S.

Chaplain—Vacant.

Clerk of the Asylum—Mr. G. Purvey.

Assistant Clerk—Mr. E. C. Thompson.

Storekeeper—Mr. E. E. Doughty.

Farm Bailiff—Mr. M. Waterer.

Housekeeper—Miss M. Darbyshire.

Head Attendant—Vacant. (Male Department).

Matron—Miss J. Goodwin.

Assistant Matron—Miss M. Hunter.

Treasurer—B. Y. Bevan, Esq.

Clerk to the Visitors—Hugo Talbot, Esq.

31st March, 1920.

Brighton County Borough Mental Hospital,
HAYWARDS HEATH.

SIXTEENTH ANNUAL
REPORT OF THE VISITING COMMITTEE
(Pursuant to Section 190 of the Lunacy Act, 1890),
BEING THE SIXTY-FIRST ANNUAL REPORT SINCE THE
FOUNDATION OF THE INSTITUTION.

To the Council of the County Borough of Brighton.

THE VISITING COMMITTEE beg to submit their Report for the past year.

It is with deep regret that the Committee record the loss they have sustained through the death of their esteemed colleague, Alderman E. J. Butt-Thompson, who had been a member of the Committee since 1903.

The number of Patients on the books on the 30th September last, and on the corresponding date of the preceding year, was as follows:—

	1918	1919
Males	399	297
Females	628	507
	1027	804

The numbers are divided as follows:—

From Brighton Union . . .	480	444
From the part of Steyning Union within the County Borough	77	79
From Eastbourne Union. . .	109	109
From Napsbury Asylum . .	17	12
From Portsmouth Asylum . .	197	—
From West Sussex Asylum .	62	57
Out County	15	24
Private.	55	56
Service.	15	23
	<hr/>	<hr/>
	1027	804
	<hr/>	<hr/>

In addition to the above there are 11 children placed under contract at Hellingly Asylum and three children placed under contract at the Surrey County Asylum at Netherne.

The Portsmouth Borough Asylum, which had been taken over during the war for hospital purposes, having been vacated by the Military Authorities, the patients received under contract from that Asylum were re-transferred on the 15th April last.

The general health of the Patients and Staff on the whole has been good.

The Committee are pleased to report that Dr. Harper-Smith, Senior Assistant Medical Officer, and the majority of the Attendants and Artizans who had been on military service have now returned to duty.

The Committee deeply regret to record that the

following members of the Staff lost their lives in the war, and with the relatives of whom they desire to express their sincere sympathy, viz.:—

Frederick Chatfield Day Attendant.
 Albert Hoadley Night Attendant.
 George W. Taylor Night Attendant.

The Weekly Maintenance Rate in respect of the four quarters of 1919 was fixed by the Committee as follows:—

	1919	1918
March Quarter	19/6	18/6
June „	20/0	18/6
September „	25/0	20/0
December „	25/0	20/0

The large increase in the rate for the last two quarters has been mainly due to increased rates of pay to the Nursing and Artizan Staff of the Institution, and to increases of such staff owing to reduction in hours of work, both of which were consequent upon certain recommendations as to hours of work and rates of pay of Asylum Workers agreed to by the Joint Conciliation Committee of the Mental Hospitals Association and the National Asylum Workers' Union.

The lower rate of charge for Private Patients has been increased in the case of Brighton Patients to 2s. per week above maintenance rate, and in the case of out Borough Patients to 6s. per week above maintenance rate.

The Patients have been visited and the Wards inspected at each monthly meeting by Members of the Committee.

The Farm, Finance and Stores Sub-Committees have reported upon the various matters under their supervision at each meeting of the Committee.

Six additional Pig Styes have been erected at the Farm, the work being carried out by the Hospital workmen.

On the suggestion of the Board of Control, disinfecting tanks and receptacles for foul linen have been provided and fitted up in the Laundry yard, at a cost of £206. With this exception, only ordinary current repairs have been carried out during the year.

Deputations from Boards of Guardians visited the Patients in the Institution chargeable to their several Unions, and in all cases left favourable reports.

A Commissioner of the Board of Control visited the Mental Hospital on the 18th August last and left a satisfactory report.

On the 31st May last the Committee reported to the Council with a synopsis of the Accounts for the year ended 31st March last, and these Accounts have been published in the Committee's Blue Book.

Two Members of the Committee visited the Children boarded out at Hellingly and Netherne Asylums respectively, and were satisfied that the children were well cared for at both Institutions.

The following are the payments which have been made out of the Building and Repairs Fund since the date of the last Report, after allowing for contributions

amounting to £27 os. 3d. received in respect of superannuation :—

	£	s.	d.
Ordinary Repairs and Insurance,	4979	16	4
Superannuation	69	17	11

Following the practice adopted for some years, the Committee have abstained from making precepts upon the Borough Treasurer in respect of the cost of ordinary repairs, insurance and superannuation allowances at the Mental Hospital, with the result that the Borough Rate has been relieved during the year to the extent of £5,049 14s. 3d. This, with the corresponding saving for previous years since 1911, has resulted in a total saving to the Borough Rate of £21,890 3s. 9d.

The following pensions have been granted during the year under the Asylum Officers' Superannuation Act 1909, viz. :—

	£	s.	d.
Frederick Butler, Attendant . . .	61	6	0
George Catchlove, ditto	54	8	0

Dr. Planck, his Medical Assistants, and the Staff generally, continue to discharge their responsible and onerous duties to the satisfaction of the Committee.

The Committee also desire to thank the Clerk to the Committee (Mr. Hugo Talbot) for the care and attention given by him to the work of the Committee during the past year.

On behalf of the Committee,

(Signed) JAMES COLBOURNE,

25th October, 1919.

Chairman.

*ABSTRACT OF ACCOUNTS for the Year ended 31st March, 1920,
Hospital, situate at Haywards Heath, and belonging wholly*

PART I.—MAIN—

RECEIPTS.			£	s.	d.	£	s.	d.	£	s.	d.
Net Balance in hand brought forward from Abstract for the previous year...			7889	18	7
Sums received on Account of Pauper Patients:—											
1. From Guardians of Poor Law Unions within the Borough—											
NAMES OF UNIONS.		For Main-tenance at 20/- to 28/6 per head per week.	Funeral and other purposes.								
		£ s. d.	£	s.	d.						
Brighton	...	29122 11 4	65	5	0	29187	16	4			
Steyning	...	5041 10 5	4	10	0	5046	0	5			
		34164 1 9	69	15	0				34233	16	9
From Guardians of other Poor Law Unions—											
NAMES OF UNIONS.		For Main-tenance at 20/- to 28/6 per head per week.	Funeral and other purposes.								
		£ s. d.	£	s.	d.						
Cuckfield	...	164 13 9									
Lambeth	...	64 7 8									
Wandsworth	...	37 12 11									
Warwick and Meriden	...	64 7 8									
Poplar	...	64 7 8									
Lewisham	...	64 7 8									
Elham	...	64 7 8									
Mile End	...	63 7 4									
East Preston	...	360 12 5	5	10	0						
Dover	...	64 7 8									
Brentford	...	64 7 8									
Canterbury	...	15 2 10	2	15	0						
Steyning	...	12 2 2									
Isle of Thanet	...	5 8 7									
Hailsham	...	46 6 11									
Hammersmith	...	55 0 0									
Banbury	...	22 13 6									
Uckfield	...	3 7 10									
Swindon	...	11 5 0									
Newhaven	...	2 13 7									
Winchester	...	45 13 4									
Lewes	...	40 17 10									
Kettering	...	45 16 11									
Malling	...	6 5 0									
Wokingham	...	33 10 6									
City of London	...	7 14 7									
Thakeham	...	25 16 11									
Horsham	...	25 13 4									
Portsmouth	...	6 15 8									
		1489 4 7	8	5	0	...	1497	9 7			
2. From Council of Brighton County Borough—											
From the Treasurer of the Borough for Patients adjudged chargeable thereto at 20/- to 28/6 per head, per week			546	5 3			
From the Treasurer of the Borough under Section 269 (9) of the Lunacy Act, 1890, in respect of accommodation at other Asylums			123	11 2			
Carried forward			36401	2 9	7889	18	7

of the Receipts and Expenditure of the Visiting Committee of the Mental to the Council of the County Borough of Brighton.

TENANCE ACCOUNT.

EXPENDITURE.	£	s.	d.	£	s.	d.	£	s.	d.
Salaries, Wages, and Uniforms of Officers and Attendants:									
Salaries and Wages (exclusive of sums paid for Labour chargeable in the Farming and Gardening Account, or in the Building and Repairs Fund Account)—									
Officers	3392	6	5						
Servants	15413	19	2						
Superannuation Allowances and Contributions returned under Section 10 (1) of the Asylums Officers' Superannuation Act, 1909	331	5	4						
War Allowances	1421	9	11						
				20559	0	10			
Uniforms				798	12	7			
Provisions, Malt Liquor, Wines and Spirits:—									
Provisions	12725	12	10						
Malt Liquor, Wines and Spirits (not included in ordinary diet)	62	15	10						
				12788	8	8			
Farm and Garden Expenses:—									
Cash Payments included on Page 15				7063	4	8			
Clothing for Patients				2856	5	0			
Furniture and Bedding				2026	13	9			
Fuel, Lighting, Washing and other Necessaries				7638	19	7			
Expenses attending the Removal, Discharge and Burial of Patients				107	3	6			
Carried forward				53838	8	7			

PART I.—MAINTENANCE

RECEIPTS.				£	s.	d.	£	s.	d.	£	s.	d.
Brought forward				36401	2	9	7889	18	7
3. From the Treasurers of other Asylums for Patients received under Contract or arrangement.												
NAMES OF ASYLUMS.	Rate per Week.	Main-tenance.	Funerals.									
Portsmouth	20/- to 33/6	124 10 11	30 9 3	155	0	2						
Eastbourne	20/- to 33/6	10252 12 3	2 15 0	10255	7	3						
West Sussex	20/- to 33/6	2209 9 4	5 10 0	2214	19	4						
Napsbury	20/- to 33/6	690 9 5	...	690	9	5						
		13277 1 11	38 14 3				13315	16	2			
Sums received on Account of Private Patients :—												
For Maintenance at 20/6 to 42/- per head per week...				5780	6	4						
For Expenses attending the Removal, Discharge or Burial of Patients				62	14	6				5843	0	10
Cash Receipts on Farming and Gardening Account (see Page 14)				...			3698	18	10			
Receipts from Local Authorities not included above :—												
Names of Local Authorities.		Purposes.										
East Sussex County Council		Pensions		107	12	0						
Whittingham Asylum		,,		6	3	1						
Oxford Asylum		,,		5	8	7				119	3	8
Other Receipts, viz. :—												
Receipts from Sale of Kitchen Stuff, Old Stores, and Sundries from Asylum				759	19	3						
Rents				8	14	0						
Fines				22	19	5						
Bankers' Interest				41	12	11						
Health Insurance Commissioners				3	15	0				837	0	7
Total Receipts				...						60215	2	10
Total of Receipts and Balance				...						68105	1	5

PART II.—BUILDINGS AND

Net Balance in hand brought forward from Abstract for the previous year	£	s.	d.	£	s.	d.	£	s.	d.
			705	14	11
Sums received from Treasurer of Borough on account of— Ordinary Repairs, Insurance and Rates			1257	10	9			
Other Receipts, specifying them :— Bankers' Interest			17	13	9			
Sale of Timber			948	13	10			
Transfers from the Maintenance Account, viz :— (a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1882	18	9						
(b) Excess of Weekly Charge on Private Patients... ..	925	11	10						
				2808	10	7			
Receipts from Local Authorities not included above :—									
Names of Local Authorities.	Purposes.								
East Sussex County Council	Pensions			16	14	0
Total Receipts and Transfers			5046	2	11
Total of Receipts, Transfers and Balances			5754	17	10

ACCOUNT—continued.

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Brought forward	53838 8 7	
Transfers to the Building and Repairs Fund Account, viz.:			
(a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1882 18 9		
(b) Excess of Weekly Charge on Private Patients... ..	925 11 10		
		2808 10 7	
Payments to Treasurers of other Asylums for Patients received under Contract:—			
East Sussex County Asylum	858 17 9		
Surrey County Asylum (Netherne)	201 19 6		
		1060 17 3	
Other Payments, specifying them:—			
Surgery and Dispensary	386 5 11		
Rates, &c.	1703 4 9		
Stationery and Printing	425 1 10		
Periodicals and Amusements	196 5 10		
Incidentals	391 19 2		
Cash Allowances to Service Patients	100 1 0		
		3202 18 6	
Total Expenditure and Transfers...	60910 14 11
Balance	7194 6 6
Total of Expenditure, Transfers and Balance	68105 1 5

REPAIRS FUND ACCOUNT.

	£ s. d.	£ s. d.	£ s. d.
Sums paid on Account of:—			
Ordinary Repairs	5377 18 7		
Superannuation	47 2 6		
		5425 1 1	
Insurance and Rates	170 17 4	
Total Expenditure	5595 18 5
Net Balances at end of the Year	158 19 5
Total of Expenditure and Balances	5754 17 10

SUMMARY OF RECEIPTS, EXPENDITURE

RECEIPTS.						£	s.	d.	£	s.	d.	£	s.	d.
Receipts and Transfers :—														
Maintenance Account	60215	2	10						
Building and Repairs Fund Account:—														
Moneys raised by means of Loans								
Other Moneys	5049	2	11						
Total			65264	5	9
Deduct—Transfers from the Maintenance Account to the														
Building and Repairs Fund Account			2808	10	7
Total Receipts			62455	15	2

Submitted to the Finance Committee, 24th April, 1920.

(Signed) F. T. WILSON,

Chairman.

PART III.—FARMING AND

						£	s.	d.	£	s.	d.	£	s.	d.
Estimated Value of Produce supplied to the Asylum during the year ended 31st March, 1920:—														
Butchers' Meat	577	2	4						
Poultry, Eggs and Rabbits	240	7	5						
Milk	2032	16	7						
Vegetables	787	18	9						
Fruit	31	13	10						
Keep of House and Estate Horse	42	15	0						
Cash Receipts from Sales of Produce	3698	18	10						
Total Receipts			7411	12	9
Estimated Value of Stock:—														
Live Stock	3938	19	9						
Dead Stock	1770	7	5						
Tenant's Valuation...	1367	5	11						
Provender	745	1	2						
												7821	14	3
Total			15233	7	0

AND TRANSFERS IN PARTS I. AND II.

EXPENDITURE.	£	s.	d.	£	s.	d.	£	s.	d.
Expenditure and Transfers:—									
Maintenance Account	60910	14	11						
Building and Repairs Fund Account:—									
Out of Money raised by means of Loans									
Out of other Moneys	5595	18	5						
Total							66506	13	4
Deduct—Transfers from the Maintenance Account to the Buildings and Repairs Fund Account							2808	10	7
Total Expenditure							63698	2	9

Examined 23rd April, 1920.

H. M. STEVENS,

Borough Accountant.

GARDENING ACCOUNT.

1919—March 31st.	£	s.	d.	£	s.	d.	£	s.	d.
Estimated Value of Stock:—									
Live Stock	2783	12	0						
Dead Stock	1818	3	4						
Tenant's Valuation	989	5	7						
Provender	754	8	9						
							6345	9	8
Cash Payments in respect of:—									
Labour	1502	16	6						
Seeds and Manure	398	16	10						
Stock—Live and Dead	2018	0	9						
Provender	2632	9	9						
Other Cash Payments, specifying them:—									
Thrashing and Thatching	63	16	0						
Railway Carriage	35	14	4						
Medicine, &c.	30	6	6						
Sundries	191	11	10						
Rates and Taxes	44	12	10						
Valuation	10	10	0						
Petrol, &c.	32	18	8						
Clearing Pond	63	4	9						
Insurance	8	15	11						
Rent (Spicer's Land)	29	10	0				7063	4	8
Total Expenditure							13408	14	4
Balance in favour at the end of the year							1824	12	8
Total							15233	7	0

I hereby certify that the foregoing are correct Accounts for the Year ended 31st March, 1920.

As witness my hand this 19th day of April, 1920.

GEO. PURVEY,

Clerk of the Mental Hospital.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL, HAYWARDS HEATH.

BALANCE STATEMENT for the Quarter ending 31st March, 1920.

MAINTENANCE ACCOUNT.

DEBITS.		ASSETS.	
	£ s. d.		£ s. d.
Invoice Account—Sundry Tradesmen	7440 3 1	Due from Guardians of Poor Law Unions within the Borough:—	
Building and Repair Fund	Brighton	8557 12 2
Cheques drawn but not paid in, viz.:—		Steyning	1440 9 8
Talbot and others.....	2099 19 11	Other Poor Law Unions	417 18 2
Due to Treasurer.....	196 18 4	Treasurer of the Borough	179 8 1
	9737 1 4	Treasurers of other Asylums	3031 8 0
Balance as per last Quarter's Statement	6027 16 10	Private Patients	811 6 1
Income in Excess of Expenditure—March Qtr. 1166 9 8		Farm Sales	238 15 2
	7194 6 6	Stores' Sundry Sales	145 6 1
		Rents and Fines.....	13 11 6
		Boro' Council (Rebate)	19 4 3
		Building and Repairs Fund	226 12 11
		Treasurers of Local Authorities (Pensions)	61 8 8
			16143 0 9
		Cash in Banker's hands.....	1788 7 1
		" Clerk's hands.....	...
			£16931 7 10

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BUILDING AND REPAIR FUND ACCOUNT.

	£ s. d.		£ s. d.
Due to Maintenance	226 12 11	Due from Borough Treasurer on account of Repairs	226 12 11
Balance	158 19 5	Treasurer East Sussex County Council (Pensions)	8 7 0
	£385 12 4	Cash in Banker's hands	150 12 5
			£385 12 4

Submitted to the Finance Committee this 24th day of April, 1920.

(Signed) F. T. WILSON,
W. J. MITCHELL.

Examined.

H. M. STEVENS, Borough Accountant.

23rd April, 1920.

GEO. PURVEY, Clerk to the Mental Hospital.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL, HAYWARDS HEATH.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1920. **Cr.**

	£	s.	d.	£	s.	d.		£	s.	d.	£	s.	d.
To Estimated Value of Live Stock.....	2783	12	0				By Sale of—						
Estimated Value of Dead Stock	1818	3	4				29 Steers and Heifers	1072	19	9			
Estimated Value of Tenant's Valuation	989	5	7				15 Calves	58	4	4			
Estimated Value of Provender	754	8	9				75 Sheep	362	5	4			
				6345	9	8	154 Pigs	1424	13	11			
To Purchase of—							Wool	40	9	7			
Labour—							5 Cows	211	11	11			
Wages of Bailiff, Gardener, Cowman, Carters, and other Servants employed on Farm and Garden	1502	16	6				1 Bull	64	19	3			
				1502	16	6	79½ Qrs. Wheat (70/-, 75/6, 76/6)	298	17	3			
Stock—Live and Dead—							56 Qrs. Oats	56	5	0			
13 Steers.....	406	5	0				10 Qrs. Barley	50	0	0			
1 Bull.....	90	0	0				Ploughing	6	11	1			
1 Boar	17	1	8				Use of Stock.....	8	8	0			
Cows and Beasts ...	490	2	6				Rebate on Petrol, &c....	33	5	0			
Calves and Heifers	91	0	0				Sundries	10	8	5			
Sheep.....	321	12	0								3698	18	10
Horse	150	0	0				By Produce supplied to House—						
Pigs.....	185	19	0				8,284½ lbs. Pork	577	2	4			
Implements	266	0	7	2018	0	9					577	2	4
							18,875½ gals. Milk	2032	16	7			
Provender—							13,517 No. Eggs.....	206	7	5			
Oil Cake	898	4	7				136 No. Poultry	34	0	0			
Bran, Sharps and Pig Meal	1213	9	2								2273	4	0
Oats	25	12	0				2,432 bus. Cabbage	121	12	0			
Chicko	8	18	0				366½ „ Onions.....	15	16	0			
Barley and Maize.....	149	0	0				2,211½ „ Potatoes	518	3	8			
Straw	130	13	2				22½ „ Peas	2	5	0			
Grains	206	12	10	2632	9	9	168 „ Beans	16	16	0			
							105 „ Carrots.....	10	10	0			
Seeds, &c.							209½ „ Parsnips	20	19	0			
Seeds, Manures & Lime	398	16	10	398	16	10	62½ „ Turnips ...	2	12	1			
							1389 No. Cauliflowers	13	14	10			
Other Payments—							Other Vegetables	42	5	10			
Thrashing & Thatching	63	16	0				Fruit and Rhubarb ...	31	13	10			
Railway Carriage.....	35	14	4				Vegetables and Fruit supplied to Medical Superintendent	23	4	4			
Medicine and Shoeing	30	6	6								819	12	7
Petrol, &c.	32	18	8				Keep of Horses (House and Estate)	42	15	0			
Valuation	10	10	0								42	15	0
Clearing Pond	63	4	9				By Estimated Value of Live Stock	3938	19	9			
Sundries	191	11	10				Estimated Value of Dead Stock	1770	7	5			
Insurance	8	15	11	436	18	0	Estimated Value of Tenant's Valuation	1367	5	11			
							Estimated Value of Provender	745	1	2			
Rent (Spicer)	29	10	0								7621	14	3
Rates and Taxes	44	12	10										
Estimated Rent on Land	200	0	0										
Balance in favour...				274	2	10							
				1624	12	8							
				£15233	7	0					£15,233	7	0

Examined by the Farm Committee, 24th April, 1920.

J. S. PORT,
J. COLBOURNE, *Chairman.*

(Signed) GEO. PURVEY,
Clerk.

THE ESTABLISHMENT.

OFFICERS.

	Salary.	Bonus.	Emoluments.	Estimated Value.
Medical Superintendent	£1000	—	{ Furnished House, Coals, Vegetables, } { and Laundry }	£250
First Assistant Medical Officer	650	—		
Second Assistant Medical Officer	300	50	Lodging, Board, Washing and Attendance	140
Chaplain (Temporary), 3 guineas per week.				
Clerk of Asylum	375	25	Privilege of Purchasing at Stores	5
Assistant Clerk	150	42 18	Ditto	5
Storekeeper	210	30	House, Coals, and Gas	37 10
Head Attendant (Male) ... vacant.				
Farm Bailiff, £160 (and commission)		—	House, Coals, &c.	43 10
Matron	120	40	Lodging, Board, Washing and Attendance	85
Housekeeper	80	40	Ditto	85
Assistant Matron	80	40	Ditto	85
Total ... 11.				

NURSES AND SERVANTS.

MALES.				FEMALES (Continued).			
		£	s. d.			£	s. d.
1 Organist—per ann. Bonus, £12	70	0	0	4 Female Day Nurses...	...	1	13 11
1 Acting Head Attendant—per week	3	6	11	8 " " " " " "	...	1	12 4
1 Hall Porter	2	12	6	37 " " " " " "	...	1	10 9
2 Male Night Nurses	2	16	6	5 " " Night Nurses	...	2	6 0
1 " " " " " "	2	4	6	1 " " " " " "	...	2	0 4
1 " " " " " "	2	2	6	2 " " " " " "	...	1	17 2
5 " " Day Nurses	2	18	5	4 " " " " " "	...	1	15 7
1 " " Dining Hall Attendant	2	18	5	1 " " " " " "	...	1	14 0
1 " " Day Nurse	2	18	0	1 Needlewoman	...	1	13 11
1 " " " " " "	2	17	4	1 Cook (Temporary) ... (and Board)	...	1	5 0
3 " " " " " "	2	14	5	1 Cook (Assistant)	...	1	13 11
2 " " " " " "	2	14	0	1 Kitchen Maid	...	1	15 6
21 " " " " " "	2	12	6	1 " " " " " "	...	1	13 11
6 " " " " " "	2	2	6	1 " " " " " "	...	1	12 4
1 " " " " " "	2	0	6	1 " " " " " "	...	1	10 9
12 " " " " " "	1	18	6	*1 Housemaid	...	1	2 8
60				*3 " " " " " "	...	1	0 9
				1 Laundry Maid (Head)	...	2	2 0
				2 " " " " " "	...	1	13 11
				1 " " " " " "	...	1	12 4
				2 " " " " " "	...	1	10 9
				1 Dining Hall Maid	...	1	14 0
				1 " " " " " "	...	1	10 9
				1 Caretaker	...	2	3 11
				1 Relief Maid	...	1	10 9
				*1 Hall Porter's Wife	...	18	10
				1 Medical Superintendent's Clerk...	...	1	15 0
				1 Office Clerk	...	1	7 6
				1 Stores "	...	1	2 6
				104			

All Male and Female Nurses receive a Bonus of 10/- a week in addition to the above.
Those marked * receive 17/6 per week Bonus.

ARTISANS, &c.

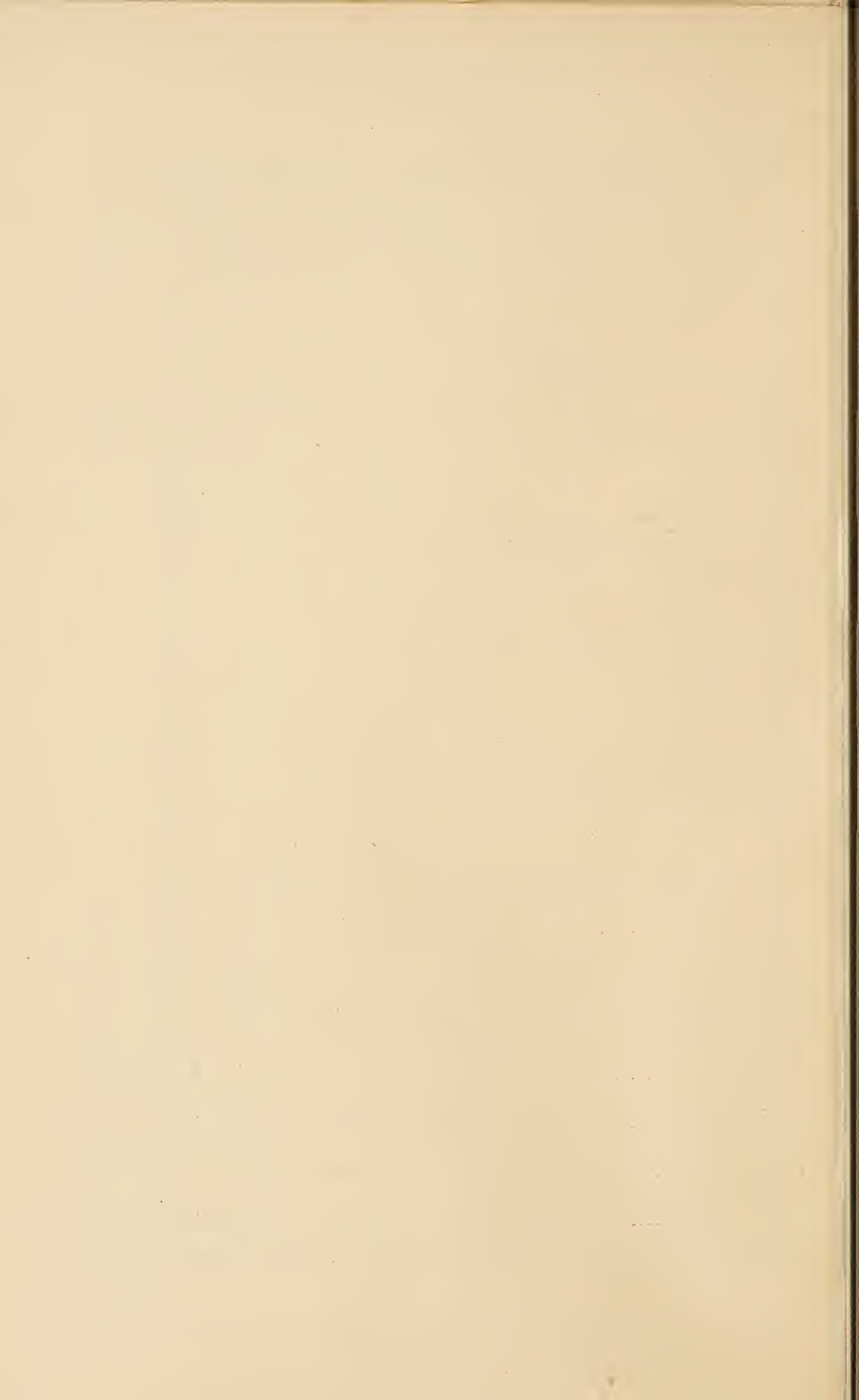
1 Bricklayer	per week	£3 10 6	1 Medical Superintendent's Gardener	£1 18 6
1 " (Temporary)		3 8 0	1 Fitter	3 0 0
1 Bricklayer's Labourer		3 8 0	1 Farm Hand	1 18 6
1 " (Temporary)		2 15 3	1 General Labourer	2 4 6
1 Baker		3 0 0	1 " " " " " "	2 8 0
1 " " " " " "		2 15 0	2 Garden " (Temporary)	1 18 6
1 Basket-maker		2 10 0	1 Matmaker	2 8 0
1 Butcher		2 7 6	1 Painter	3 8 0
1 Cabinet-maker		3 8 0	1 " " " " " "	3 3 9
1 Carpenter		3 8 0	1 Pigman	1 18 6
1 " (Temporary)		3 8 0	1 Stoker	2 19 6
1 Carter		2 6 6	1 " " " " " "	3 0 6
1 " " " " " "		1 18 6	1 Store Porter	2 10 0
1 House Carter		2 6 9	1 Shoemaker	3 5 0
1 Estate "		1 18 6	1 Sewage Labourer	1 18 6
1 Cowman		1 19 6	1 Stockman	2 0 0
1 " " " " " "		1 18 6	1 Tailor	2 10 0
1 Florist		2 7 6		
1 Front Ground Labourer		House, Coals and Vegetables	per week	£1 19 6
1 Gardener		" " " " " "		2 6 11
1 Engineer		House, Coals and Gas		3 10 0
1 Blacksmith		House and Gas...		2 6 6
Total ... 42.				

Made up on 31st March, 1920. { Officers ... 11 }
 { Nurses and Servants ... 164 } Total of Staff ... 217
 { Artisans, &c. ... 42 }

GEO. PURVEY, Clerk.

TABLE SHEWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR.	March.		June.		Sept.		Dec.	
	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>
1903.....		12	6
1904.....	12	6	11	1	10	9	10	6
1905.....	10	6	10	0	10	0	10	0
1906.....	10	0	9	6	9	6	9	6
1907.....	9	6	9	6	9	6	10	0
1908.....	10	0	10	9	11	0	11	0
1909.....	11	0	11	0	11	0	11	0
1910.....	11	0	10	9	10	0	9	9
1911.....	9	9	9	9	9	9	9	9
1912.....	10	0	11	0	11	0	11	0
1913.....	11	6	11	6	11	6	12	0
1914.....	12	6	12	6	12	6	12	6
1915.....	12	6	13	6	13	6	13	6
1916.....	13	6	13	6	13	6	14	0
1917.....	15	6	16	6	17	6	18	6
1918.....	18	6	18	6	20	0	20	0
1919.....	19	6	20	0	25	0	25	0



THE MEDICAL SUPERINTENDENT'S REPORT.

THE MEDICAL SUPERINTENDENT has the honour to submit the Sixteenth Annual Report to you as the Committee of Visitors of the Brighton County Borough Mental Hospital, being the Sixty-first since the opening of the Institution.

The Admissions during the year ending September 30th, 1919, have been—Males, 93; Females, 156; Total, 249.

The Discharges during the year have been—Males, 99; Females, 198; Total, 297.

The Deaths during the same period have been—Males, 96; Females, 80; Total, 176.

The Average Numbers Daily Resident during the year have been—Males, 332; Females, 593; Total, 925.

The Numbers in the Hospital this day, 30th September, 1919, are—Males, 297; Females, 507; Total, 804.

They are chargeable as follows:—

	Males.	Females.	Total.
To Brighton Parish . . .	149	287	436
To the portion of Steyning Union included in the County Borough of Brighton	31	48	79
To the County Borough of Brighton	3	5	8
To Out-County Unions . .	5	19	24
Private Patients	16	40	56
Ditto Service Patients .	23	—	23

Patients under Contract—

Eastbourne	39	70	109
Napsbury	4	8	12
West Sussex	27	30	57

The total number of Patients chargeable to Brighton and to the Steyning Union has increased by 2, viz., number of Males unchanged, and an increase of Females 2.

The Admissions during the year from the Parish of Brighton and from the portion of Steyning Union in the County Borough of Brighton have been—Males, 68; Females, 112; Total, 180.

Of the Admissions, 150 in number (excluding transfers from other Hospitals), 42.7 per cent. of the Males were deemed curable, and 44.0 per cent. of the Females.

Excluding transfers from other Hospitals, the percentage of those discharged as recovered within the year is 3.9 per cent. less than last year, viz., 30.3, as against 34.2 per cent.

TABLE I.—SHEWING THE EXPECTANCY OF RECOVERY ON THE DIRECT ADMISSIONS.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	89	13	25	51	27
Females	150	26	40	84	39

TABLE II.—SHEWING THE AGES ON ADMISSION.

	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
Males	—	—	30	32	27	4
Females ...	—	—	30	61	48	17

AVERAGE WEEKLY COST PER HEAD OF MAINTENANCE.

[illegible]

TABLE III.—SHEWING THE FORM OF MENTAL DISORDER OF THE YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Congenital with Epilepsy	1	—	1
„ without Epilepsy	4	5	9
Insanity with Epilepsy	7	10	17
General Paralysis	6	—	6
Insanity with the Grosser Brain Lesions	2	3	5
Acute Delirious Mania	3	4	7
Confusional Insanity	2	2	4
Mania—Acute	16	32	48
„ —Chronic	3	4	7
Melancholia—Acute	16	39	55
„ —Chronic	2	4	6
Manic Depressive Insanity	2	10	12
Delusional Insanity	7	15	22
Moral Insanity	—	—	—
Dementia {	Primary	6	15
	Secondary	8	12
	Senile	14	23
Not Insane	—	—	—
TOTAL	93	156	249

TABLE IV.—SHEWING THE FURTHER HISTORY OF THE YEAR'S DIRECT ADMISSIONS.

	Males.	Females.	Total.
Discharged Recovered.....	14	25	39
„ to Care of Friends	6	11	17
„ by Operation of Law	—	—	—
Transferred to other Hospitals	5	8	13
Died	15	21	36
Remain in Hospital	49	85	134
Total	89	150	239

The Discharges were 297, of whom 99 were Males and 198 Females.

Of the 99 Males who were discharged, 27 had recovered, this being a percentage of 30.7 on the admissions, excluding transfers, 8 were discharged to the care of friends, and 64 were removed to other Hospitals.

Of the 198 Females who were discharged, 45 had recovered, this being a percentage of 30.0 on the admissions, excluding transfers, 30 were discharged to the care of friends, and 123 were transferred to other Hospitals.

One-hundred-and-seventy-six Deaths occurred, viz., 96 Males, 80 Females. The death rates, based on the average daily number resident, are Males, 28.9; Females, 13.5. For both sexes 19.0 per cent. Of the total deaths 33 were due to tuberculosis, 15 to bronchitis or pneumonia, 20 to heart disease, 6 to nephritis, 6 to general paralysis, 13 to old age, 13 to dysentery, 39 to influenza, 3 to malignant disease, and the remaining 28 to various forms of brain disease or other constitutional disorder.

TABLE V.—AGES AT DEATH.

	0—5	5—15	15—35	35—55	55—75	75 and upwds	Total deaths.
Males	20	34	37	5	96
Females	15	20	28	17	80
Total	35	54	65	22	176

The Mean Age at Death for both sexes was 53.1 years—Males, 50.7; Females, 56.1.

The Coroner held one inquest during the year on the body of a Male Patient who fell out of bed and died a few minutes later. The post-mortem examination showed that his death was due to heart disease, and was not the result of the fall, and the Coroner returned a verdict of death from natural causes.

There have been two serious non-fatal casualties—an old Female Patient received a fracture of the femur from an accidental fall, and another Patient suffered severe hæmorrhage through the wounding of prolapsed bowel by the breaking of a chamber utensil.

The death rate for the year has been largely affected by the severe epidemic of Influenza in the Autumn of 1918, when upwards of 180 Patients were attacked and 28 died. Many of these cases were of the fulminating type, with sudden invasion followed by septic pneumonia within 24 hours and a fatal issue in two or three days. About 70 members of the Staff suffered, many severely, and two cases terminated fatally, a Temporary Attendant dying at his home in Brighton and a Nurse in the Hospital. There was naturally great difficulty in carrying on the work of the Institution—at one time exactly half of the Male Staff were incapacitated. A second but less virulent epidemic occurred in April, 1919, when there were 11 deaths.

On the 9th February, Charge Attendant Frederick Cook died of Diabetes, and Charge Nurse Frances Lade of Tubercular Enteritis on the 8th May. Both had been efficient and trustworthy members of the Staff for many years.

Five Patients have escaped during the year. Two Male Patients disappeared from the Garden Working Party and a Service Patient climbed the Airing Court railings. A Female got over the Sanatorium wall with the help of a chair, and another escaped through a door which had been left unlocked by some person whose identity could not be established. All were recaptured in a few hours.

Commissioners of the Board of Control visited the Hospital twice during the year—on 17th October, 1918, and 18th August, 1919—and left favourable reports.

Deputations from the Brighton, Eastbourne and Southampton Guardians have visited their Patients and left satisfactory reports.

During the year all Members of the Staff who had been on Active Service were demobilized and returned to duty.

The pre-war Dietary has been practically restored, to the great benefit of the Patients, and the annual Summer Fête, which had been in abeyance for five years, was held in July.

On the evacuation of the United States Army Base Hospital at Portsmouth the Portsmouth Patients were safely transferred to the Milton Mental Hospital in May.

To comply with the recommendations of the Board of Control in reference to the treatment of foul clothing, Steam Sterilisers have been installed in an annexe to the Laundry.

The grave space in the Old Cemetery being nearly exhausted, a new plot of ground has been cleared and levelled, and will probably be consecrated next Spring.

There is still much unrest among the younger members of the Female Nursing Staff, and great difficulty is experienced in obtaining suitable candidates. Two Nurses were dismissed—one for absenting herself for two days without leave, the other for gross negligence in dealing with medicines entrusted to her care. The conduct of the Male Staff and the Senior members of the Female Staff has been satisfactory.

The recommendations of the Joint Conciliation Committee of the Mental Hospitals' Association and the Asylum Workers' Union have been adopted. The Nursing Staff are allowed two-and-a-half days' holiday a week and four weeks' annual holiday, the working hours being 60 per week, *including meal-time*.

Dr. Harper-Smith returned from Active Service in June, and his loyal and efficient co-operation has been of great advantage to the Institution.

To Dr. Forster, the Second Assistant Medical Officer, and the other members of the Official Staff, I accord thanks for help in carrying on the work of the Hospital.

To you, Gentlemen, I offer thanks for continued confidence and sympathy.

CHARLES PLANCK,

Medical Superintendent.

STATISTICAL TABLES

FOR THE

YEAR ENDING 31ST DECEMBER, 1919.

TABLE A 1.
General Table, shewing the movement of the Mental Hospital
Population during the Year 1919.

	Certified Patients.					
	M.	F.	T.	M.	F.	T.
On the Asylum Registers, Jan. 1st, 1919	371	606	977			
Total Cases Admitted during the Year	82	148	230			
Total Cases under Treatment during the Year				453	754	1207
Cases Discharged or Trans- ferred during the Year—						
Recovered	24	39	63			
Relieved	15	36	51			
Not Improved.....	86	150	236			
Died during the Year	60	58	118			
Total Cases Discharged, Transferred and Died during the Year				185	283	468
On the Asylum Registers, Dec. 31st, 1918				268	471	739
Average Daily Number on the Registers during the Year...				307	559	866

Certified Persons (i.e., separate persons in contradistinction to “cases,” which may include the same individual more than once).

	M.	F.	T.
Certified under Care during the Year ...	451	758	1204
,, Admitted	81	148	229
,, Recovered	24	39	63

TABLE A 2.

GENERAL TABLE, showing the movement of the Asylum Population during each Year since the Year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.									Total Number under Treatment.			Discharged or Transferred.									Died.			Remaining on Registers 31st December.			Average Daily Number on Registers.			Percentage of Total Recoveries on the Total Number of Admissions.			Percentage of Total Recoveries on the Direct Admissions.			Percentage of Recoveries yielded by Direct Admissions on the Direct Admissions.			Percentage of Deaths on Average Number on Registers.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																								
	Direct.			Indirect.			Total.						Recovered.			Relieved.			Not Improved.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
1859...	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	1	1	2	4	6	10	136	153	289	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5

TABLE B 1.

Analysis of the Admissions during the Year 1919.

Classes of Admissions.	Congenital.			Acquired.									Total.		
				First Attack.			Not First Attack.			Unknown whether First Attack or not.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Direct	3	4	7	61	99	160	12	33	45	3	5	8	79	141	220
Indirect {	1	1	2	1	3	4	1	2	3	3	6	9
	1	1	1	1
Statutory Re-Admissions															
Total Admissions.....			4	5	9	62	102	164	13	36	49	3	5	8	230

TABLE B 2.

Showing the Duration of the present attack of Mental Disorder on Admission in the Direct Admissions during the Year 1919, and stating (in those not Congenital) whether First Attack or not.

Duration of Mental Disorder prior to Admission.	Direct Admissions.												Total.		
	First attack.			Not first attack.			Unknown whether first attack or not.								
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
Less than 2 weeks	22	25	47	6	16	22	1	3	4	29	44	73			
2 weeks and less than 1 month	8	6	14	2	7	9	10	13	23			
1 month	10	20	30	2	4	6	12	24	36			
3 months	8	15	23	1	2	3	9	17	26			
6 "	3	10	13	...	1	1	3	11	14			
9 "	1	3	4	...	1	1	1	...	1	2	4	6			
12 "	4	8	12	4	8	12			
18 "	1	1	1	1			
2 years	2	4	6	...	1	1	2	5	7			
3 "	3	4	7	3	4	7			
5 "	1	1	1	1			
10 "	2	2	2	2			
15 "	1	1	2	1	2	3	2	3	5			
Duration unknown			
Congenital Cases	3	4	7			
Totals.....	61	99	160	12	33	45	3	5	8	79	141	220			

TABLE B 3.

Showing the Ages and Civil State on Admission, in the Admissions, Direct and Transfers grouped together, and in the Congenital Cases of the Direct Admissions.

[illegible][illegible]

TABLE B 4.

Showing in the Direct Admissions during the year 1919, excluding the Congenital Cases and the cases "Unknown whether First Attack or not"—(a) The age at commencement of the Present Attack of mental disorder in both the First-Attack and Not-First-Attack cases, respectively arranged according to their civil state; (b) The age on First-Attack in the Not-First-Attack cases; and (c) A statement of the number of Previous Attacks in the Not-First-Attacks, known to have been treated to recovery in an institution or elsewhere.

Civil State.			Ages in Quinquennial Periods.																																																Totals.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									
			Less than 10 years of age.			10—14.			15—19.			20—24.			25—29.			30—34.			35—39.			40—44.			45—49.			50—54.			55—59.			60—64.			65—69.			70—74.			75—79.			80—84.						85 and over.			Age unknown.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
			M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.				M.	F.	T.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
First-Attack Cases.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
Single	2	3	5	1	...	1	3	3	6	3	...	3	1	8	9	2	5	7	1	2	3	...	4	4	...	3	3	4	2	6	1	2	3	...	3	3	1	1	...	1	1	18	37	55																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
Married.....			1	1	2	1	3	3	2	5	6	4	10	4	2	6	5	2	7	3	1	4	1	8	9	4	2	6	2	1	3	2	2	4	3	...	3	...	2	2	35	28	63																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
Widowed	1	1	2	1	1	2	6	6	1	4	5	3	4	7	1	11	12	1	5	6	...	1	1	8	33	41																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
Unknown.....			1	1	1	1	...																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		
Totals	2	3	5	1	1	2	5	4	9	6	2	8	7	13	20	7	8	15	7	5	12	3	5	8	1	11	12	8	10	18	4	7	11	5	9	14	4	11	15	1	8	9	...	2	2	61	99	160																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
Single	1	1	2	2	3	4	7	1	...	1	...	2	2	1	2	3	...	2	2	1	1	...	2	2	...	1	1	5	17	22																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
Married.....			1	...	1	...	1	1	...	4	4	1	2	3	2	3	5	1	...	1	...	1	1	5	11	16																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
Widowed	3	3	1	1	2	...	2	1	1	2	5	7																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		
Unknown.....		

TABLE B 5.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the Year 1919.

Forms of Mental Disorder.		Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency (idiotcy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { a. With Epilepsy b. Without Epilepsy	... 3	... 4	... 7	... 1	... 1	... 2	... 4	... 5	... 9
	2. Moral
Insanity occurring later in life.	1. Insanity with Epilepsy	3	8	11	...	1	1	3	9	12
	2. General Paralysis of the Insane	3	...	3	3	...	3
	3. Insanity with Grosser Brain Lesions	1	1	2	1	1	2
	4. Acute Delirium	2	...	2	2	...	2
	5. Confusional Insanity	2	4	6	2	4	6
	6. Stupor
	7. Primary Dementia	4	1	5	4	1	5
	8. Mania { a. Recent b. Chronic c. Recurrent	19	26	45	...	1	1	19	27	46
	9. Melancholia { a. Recent b. Chronic c. Recurrent	2	1	1	1	...	1	1	1	2
	10. Alternating Insanity	19	4	6	2	4	6
	11. Delusional Insanity { a. Systematised b. Non-systematised	1	39	58	...	1	1	19	40	59
	12. Volitional Insanity { a. Impulse b. Obsession c. Doubt	4	2	3	...	1	1	1	3	4
	13. Moral Insanity	1	7	11	4	8	12
	14. Dementia { a. Senile b. Secondary	6	...	1	...	1	2	7	10	17
Totals		79	141	220	3	7	10	82	148	230

TABLE B 6.—Showing the Occupations of the Direct Admissions, excluding the Congenital Cases, during the Year 1919, distinguishing between First-Attack Cases, Not-First-Attack Cases, and Cases Unknown-whether-First-Attack-or-not; and, in respect of the First-Attack Cases, arranged according to the Age at Commencement of the Mental Disorder.

Symbol.			Name of Occupations.	First Attack Cases.											Not-First-Attack Cases.			Unknown-whether-First-Attack-or-not.			Total Direct Admissions, excluding Congenital Cases.			
Group.	Sub-group.	Sub-division.		Age at commencement of the Mental Disorder.										Total.										
				10—14.	15—19.	20—24.	25—34.	35—44.	45—54.	55—64.	65—74.	75 and upwards.	Not known.											
													M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
A	a	4	P.O. Contract Officer	1	1	...	1	1	...	1
B	a	1	Ex-Officer	1	1	...	1	1	...	1	
B	a	2	Soldier	1	7	3	1	...	12	...	12	...	1	1	...	14	...	14	
B	b	2	Sailor	1	1	...	1	1	...	1	
C	a	1	Engineer	1	1	...	1	1	...	1	
C	d	1	School Teacher	1	...	1	1	...	1	
D	c	1	Asylum Attendant	1	1	...	1	...	1	2	...	2	
E	a	1	Accountant	1	1	...	2	...	2	...	1	...	3	...	3	
E	b	1	Clerk	1	1	...	1	...	1	1	...	1	
F	a	7	Railway Porter	1	1	...	1	1	...	1	
F	b	1	Coachman	1	...	1	...	1	1	...	1	...	1	
F	b	2	Stableman	1	...	1	
F	b	5	Vanman	1	...	1	1	...	1	
F	c	1	Seaman	1	...	1	...	1	...	1	1	...	1	
F	c	2	Waterside Labourer	1	...	1	1	...	1	
F	e	1	Porter	1	1	2	...	2	2	...	2	
G	a	1	Farm Labourer	1	1	1	...	1	1	...	1	
I	a	2	Collier	1	...	1	1	...	1	
K	c	2	Blacksmith	1	...	1	1	...	1	
K	c	6	Engineer's Pattern Maker	1	...	1	...	1	1	...	1	
M	a	3	Carpenter	1	...	1	...	1	1	...	1	
M	a	4	Bricklayer	1	2	3	...	3	1	1	4	...	4	
M	a	6	Painter	1	1	...	1	1	...	1	
M	a	7	Plumber	1	2	...	1	3	...	3	3	...	3	
M	a	9	Gasfitter	1	1	...	1	1	...	1	
N	b	1	Rustic Wood Worker	1	...	1	2	...	2	2	...	2	
N	r	2	Printer	1	1	...	1	1	...	1	
S	a	1	Draper's Assistant	1	...	1	...	1	1	...	1	
T	a	1	Tailor	1	...	1	...	1	1	...	1	
T	v	5	Bootmaker	1	1	...	1	1	...	1	
V	a	5	Grocer	1	...	1	1	...	1	
V	d	7	Greengrocer	1	...	1	1	...	1	
V	d	1	Lodging House Keeper	1	1	...	1	1	...	1	
V	d	2	Licensed Victualler	1	...	1	...	1	1	...	1	
X	d	1	General Shopkeeper	1	1	...	1	1	...	1	
X	d	2	Fish Hawker	2	...	1	3	...	3	3	...	3	
X	d	4	Storekeeper	2	1	...	1	...	1	2	...	2	
X	e	1	Labourer	2	2	...	2	4	4	6	...	6	
X	e	2	Engine Driver	1	1	...	1	1	...	1	
X	e	2	Pensioner	2	...	1	...	3	...	3	3	...	3	
Y	a	6	No Occupation	3	3	...	3	3	...	3	
C	a	2	Nurse	1	1	1	...	1	1	...	2	2	3	3	
C	d	1	Lecturer	1	...	1	1	3	3		
C	c	1	Shorthand Typist	1	1	1	1		
C	g	3	Music Teacher	1	1	...	1	1	1		
D	a	1	Chambermaid	1	1		
D	a	2	Domestic Servant	1	5	2	2	2	14	...	14	8	8	2	2	24	24		
D	c	1	Mental Nurse	1	2	...	1	...	1	1	1		
D	c	2	Charwoman	1	1	2	...	2	1	1	3	3		
D	c	4	Cook	1	2	...	2	2	2		
E	a	1	Saleswoman	1	1	...	1	1	1		
E	a	1	Farm Worker	1	1	1	...	1	1	1		
G	a	1	Jeweller's Assistant	1	1	...	1	1	1		
Q	a	1	Furrier	1	1	1	...	3	3	3	1	1	4	4		
L	a	3	Dressmaker	1	2	1	...	4	4	4	1	1	5	5		
T	a	4	Needlewoman	1	1	1	1	1	1		
V	a	3	Baker	1	1	...	1	...	1	2	2		
V	d	1	Shopkeeper	2	1	4	12	4	16	8	13	...	60	60	...	19	19	...	3	3	32	82	
Y	a	6	No Occupation	
Totals													61	99	160	12	33	45	3	5	8	76	137	213

TABLE B 9.

Showing the GENERAL PARALYTICS in the Direct Admissions during the Year 1919, arranged according to their Ages at Commencement of the Attack and to their Civil State, and also the number of instances in which the Attack was ascertained to have been preceded by Syphilis, together with the Age at which the latter was contracted.

Civil State.	Age at Commencement of the Attack of General Paralysis.																								Totals.			With positive evidence of Syphilis.					
	Under 15.			15—19.			20—24.			25—34.			35—44.			45—54.			55—64.			65 and upwards.									Unknown.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
Single			
Married	2	...	2	1	...	1	3	...	3	1	...	1
Widowed		
Unknown.....		
Totals.....	2	...	2	1	...	1	3	...	3	1	...	1	
Syphilis, Congenital		
„ contracted prior to age 25.....		
„ „ 25—34.....		
„ „ 35—44.....		
„ „ 45—54.....		
„ „ at or after age 55		
„ „ at age unknown	1	...	1	1	...	1			

TABLE C 1.

An Analysis of the Discharges and Transfers during the
Year 1919.

	M.	F.	T.	M.	F.	T.	M.	F.	T.
Discharged as Recovered.									
From Direct Admissions.									
First-Attack Cases	17	22	39						
Not-First-Attack Cases	4	12	16						
Cases unknown whether First-Attack or not...	2	3	5						
Total from Direct Admissions.....				23	37	60			
From Transfers.									
First-Attack Cases						
Not-First-Attack Cases	1	1	2						
Cases unknown whether First-Attack or not...	...	1	1						
Total from Transfers				1	2	3			
Total Discharged as Recovered				24	39	63			
				Relieved.			Not Improved.		
Discharged (not Recovered) as—									
Relieved	11	27	38	11	27	38			
Not Improved.....	1	4	5				1	4	5
Total	12	31	43						
Reasons for such Discharge.									
To go to Care of Friends	12	30	42						
„ Workhouse						
„ Metropolitan Asylum (England).....						
To be Boarded Out						
Statutory, by Irregularity in Reception Order...						
„ by Lapsing of „ „	1	1						
Other reasons.....						
Total	12	31	43						
Transferred as—									
Relieved	4	9	13	4	9	13			
Not improved.....	85	146	231				85	146	231
Total	89	155	244						
Destinations of such Transfers.									
To other Asylums, Reg. Hospitals, and Licensed Houses	89	155	244						
To “Single Care”						
Other Destination.....						
Total	89	155	244						
Total Discharged and Transferred as—									
Relieved				15	36	51			
Not Improved							86	150	236

TABLE C 2.

Showing in the Total Cases Discharged Recovered during the Year 1919 the ages in Quinquennial Periods—(a) On Recovery, and (b) at the Commencement of the Recent Attack of Mental Disorder, arranged according to the Total Length of such Attack.

Age Periods... {		Less than 10.		10-14.		15-19.		20-24.		25-29.		30-34.		35-39.		40-44.		45-49.		50-54.		55-59.		60-64.		65-69.		70-74.		75-79.		Age Un-known.		Total.		
		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.		
Age on Recovery	1	2	4	1	3	5	6	5	7	1	6	3	5	1	2	3	2	2	3	1	24	39	63

Total Length of this Attack of Mental Disorder.				Age at Commencement of Recent Attack of Mental Disorder.																																		
Less than 1 month	1	3	...	1	1	5	1	6		
1 month and less than 3 months.....				1	3	4	2	2	...	3	2	2	...	1	5	15	20			
3 months „ 6 „	1	...	2	...	1	...	1	1	1	...	1	...	2	2	1	1	4	10	14			
6 „ „ 9 „	1	1	2	...	1	1	1	2	1	4	6	10			
9 „ „ 12 „	1	1	...	1	1	3	1	4			
12 „ „ 18 „	1	...	1	1	2	1	3			
18 „ „ 2 years			
2 years „ 3 „	1	1	2	2		
3 „ „ 5 „	2	2	2			
5 „ „ 10 „	1	1	1			
20 „ „ 25 „	1	1	...	1			
Duration unknown			
Totals.....				1	1	2	5	1	2	5	7	6	5	1	7	3	4	1	3	2	2	2	2	1	24	39	63

TABLE C 3.

Showing the Form of Mental Disorder, on Admission, in
those Discharged Recovered during the Year 1919.

Forms of Mental Disorder (on Admission).	M.	F.	T.
Insanity with Epilepsy.....	...	1	1
Acute Delirious Mania.....	2	...	2
Confusional Insanity.....	2	1	3
Stupor	1	...	1
Mania—Recent	11	12	23
„ Recurrent	2	2
Melancholia—Recent	5	15	20
„ Chronic	1	1
„ Recurrent	2	2
Delusional Insanity—Systematised	3	4	7
Dementia—Secondary	1	1
Totals	24	39	63

TABLE C 4.—ÆTIOLOGICAL.

Showing the Ætiological Factors ascertained in the Recoveries during the Year 1919, distinguishing between cases—First-Attack, Not-First-Attack, and Unknown-whether-First-Attack-or-Not.

ÆTIOLOGICAL FACTORS AND ASSOCIATED CONDITIONS.	First-Attack Cases.									Not-First-Attack Cases.									Cases Unknown-whether-First-Attack-or-not.									Total Recoveries.								
	Principal.			Contributory.			Total Incidence. §			Principal.			Contributory.			Total Incidence.			Principal.			Contributory.			Total Incidence.			Total Principal.			Total Contributory.			Grand Total Incidence.		
	Instances where regarded as the essential or chief factor. *			Instances where regarded as a contributory factor or associated condition. †						Instances where regarded as the essential or chief factor. *			Instances where regarded as a contributory factor or associated condition. †						Instances where regarded as the essential or chief factor. *			Instances where regarded as a contributory factor or associated condition. †						Total Instances where regarded as the essential or chief factor.			Total Instances where regarded as contributory factor or associated condition.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
A. Heredity (excluding cousins, nephews, nieces and offspring).																																				
1. Insane ...		1	1		4	4														2	2		2	2		1	1		6	6		7	7			
2. Epileptic ...																																				
3. Neurotic [including only Hysteria, Neurasthenia, Spasmodic (Idiopathic) Asthma and Chorea] ...																																				
4. Eccentricity (in marked degree) ...																																				
5. Alcoholism ...																																				
B. Mental Instability, as revealed by—																																				
1. Moral Deficiency ...																																				
2. Congenital Mental Defect, not amounting to Imbecility ...																																				
3. Eccentricity ...																																				
C. Deprivation of Special Sense.																																				
1. Smell or Taste ...																																				
2. Hearing ...																																				
3. Sight ...																																				
D. Critical Periods.																																				
1. Puberty and Adolescence ...																																				
2. Climacteric ...																																				
3. Senility ...																																				
E. Child-bearing.																																				
1. Pregnancy ...																																				
2. Puerperal State (not septic) ...																																				
3. Lactation ...																																				
F. Mental Stress.																																				
1. Sudden ...																																				
2. Prolonged ...		3	5	8							3	3															3	8	11			3	8	11		
G. Physiological Defects and Errors.																																				
1. Malnutrition in early life (signs of Rickets, &c.) ...																																				
2. Privation and Starvation ...																																				
3. Over-exertion (physical) ...																																				
4. Masturbation ...																																				
5. Sexual excess ...																																				
H. Toxic.																																				
1. Alcohol ...		2	1	3							2	2															4	1	5			4	1	5		
2. Drug habit (morphia, cocaine, &c.) ...																																				
3. Lead and other such poisons ...																																				
4. Tuberculosis ...																																				
5. Influenza ...																																				
6. Puerperal Sepsis ...																																				

TABLE C 5.—OPTIONAL.—Showing, in respect of the First-Attack Cases in the Recoveries during the Year 1919, the full correlation between the various *Æ*tiological Factors ascertained.

[illegible]

‡ All cases believed to have suffered, at any time in their lives, from Syphilis have been entered.

Showing in the RECOVERIES during the year 1919 the Duration of the present attack previous to admission, either direct to this Institution or to any other Institution under the existing Reception Order, and also the Duration of Residence (including absence "on leave") in this and any other Institution from which the patient may have been transferred, arranged according to whether the attack is the First, "Not-First," or "Unknown-whether-First-or-not."

[illegible]

TABLE D 1.

Showing all the Causes of Death that entered into the Deaths during the Year 1919, arranged as Principal, Contributory, and the Totals of these; also the number of times each Cause (whether Principal or Contributory) was associated with certain Selected Causes; and the number of occasions each principal Cause of Death was verified by Post-mortem Examination.

Names of Causes of Death.	* Instances when returned as Principal.			No. ver- ified P.M.	Instances when returned as Contributory.			Total Incidence.			Showing the total correlation between any given Cause of Death (whether acting as Principal or Contributory) and the subjoined selected causes.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
	M.	F.	T.		M.	F.	T.	M.	F.	T.	Epidemic Diarrhoea and Infective Enteritis.		Dysentery (Colitis).		Pneumonia.		Pulmonary Tuber- culosis.		General Paralysis of the Insane.		Exhaustion from Mania or Melan- cholia.		Valvular Heart Disease.		Fatty Degen- eration of the Heart.		Cerebral Hæmor- rhage.		Chronic Bright's Disease.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
											M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
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* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 2.

TABLE D 2.—Showing the Principal Cause of Death in each Death during the Year 1919, together with the Ages at Death in Quinquennial Periods.

Principal Causes of Death.	Ages at Death in Quinquennial Periods.																														
	Less than 10.		10—14.		15—19.		20—24.		25—29.		30—34.		35—39.		40—44.		45—49.		50—54.		55—59.		60—64.		65—69.		70 and over.		* Total.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.		
General Diseases—																															
Lobar Pneumonia.....	1	1	1	2	1	3	
Broncho Pneumonia	1	2	1	1	...	1	1	1	3	5	8	
Dysentery	2	1	1	1	1	4	2	6		
Influenza.....	2	1	1	1	1	1	4	3	7	10	
Tuberculosis—Pulmonary.....	1	1	4	1	...	1	...	1	2	...	1	1	1	1	2	...	2	...	1	14	6	20		
Tubercular Enteritis	1	1	1	1	1	2	3		
Tubercular Peritonitis	1	...	1	1	1	1	
Sarcoma of Liver	1	1	1	1	
Carcinoma of Ovary	1	1	1	...	1	1	
Carcinoma of Gall Bladder	1	1	1	1	
Diseases of Nervous System—																															
General Paralysis of the Insane	1	1	1	...	1	3	1	4	
Epilepsy	1	...	1	...	1	...	1	1	1	1	3	5	8	
Exhaustion from Mania.....	1	1	...	1	1	
Exhaustion from Melancholia	1	1	1	1	
Brain Softening	1	...	1	2	2	4	
Glioma of Brain...	1	1	1	1	
Diseases of Heart—																															
Valvular Disease	1	...	1	...	1	...	1	2	1	1	...	1	1	4	6	8	14
Hypertrophy	1	1	...	1	1
Fatty Degeneration.....	1	...	1	1	
Diseases of Blood Vessels—																															
Cerebral Hæmorrhage	1	2	2	1	...	1	1	5	3	8
Arterio-Sclerosis	1	1	1	4	3	5	5	10	
Diseases of Respiratory Organs—																															
Bronchitis	1	1	1	1	2	
Diseases of Urinary System—																															
Chronic Nephritis.....	2	1	1	1	1	...	1	4	3	7	
Uræmia	1	1	1	...	1	1
Chronic Pyelitis	1	1	1	1
Totals	1	...	2	2	1	2	8	3	2	2	5	4	7	4	5	4	8	6	3	7	7	5	8	19	60	58	118

* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 1.

TABLE D 3.

Shewing the Total Duration of the Present Attack of Mental Disorder in the Deaths during the Year 1919, arranged according to the Form of Mental Disorder on Admission.

[illegible]

TABLE E 1.

Showing the Ages (in quinquennial periods) of those on the Registers on the 31st December, 1919, arranged according to the Total Duration of present Attack of Mental Disorder.

Total Duration of Present Attack of Mental Disorder.	Ages on 31st December, 1919, of those on Registers at that date.																														Totals.				
	Less than 10.		10-14.		15-19.		20-24.		25-29.		30-34.		35-39.		40-44.		45-49.		50-54.		55-59.		60-64.		65-69.		70-74.		75-79.					80 and over.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.		
Congenital	2	1	4	7	7	6	6	3	8	7	5	4	4	2	6	3	2	2	1	1	48	33	81*
Less than 3 months	1	...	2	1	3	1	...	1	1	1	...	1	1	1	2	6	10	16	
3 months and less than 6 months	1	1	1	2	...	3	...	2	4	1	7	8	15		
6 „ „ 12 „	1	4	1	...	5	1	3	2	3	2	2	...	3	2	3	...	4	1	3	13	27	40
12 „ „ 18 „	1	1	3	...	1	1	1	...	2	3	2	...	2	2	1	3	1	3	1	5	1	2	...	3	...	1	16	24	40
18 „ „ 2 years	2	1	2	3	1	...	2	...	3	...	1	...	1	...	1	...	1	...	1	1	5	15	20	
2 years „ 3 „	2	1	3	4	2	6	...	3	3	1	2	2	3	4	1	2	1	1	1	2	...	3	...	2	18	31	49
3 „ „ 5 „	1	1	2	3	4	3	3	4	3	2	6	6	7	1	5	1	3	2	3	1	4	...	4	24	45	69	
5 „ „ 10 „	2	3	3	5	5	5	5	3	5	7	8	3	5	3	8	1	7	2	7	3	7	...	1	35	63	98	
10 „ „ 20 „	1	2	4	6	4	17	8	13	12	18	6	15	6	27	4	13	4	9	5	5	2	1	1	56	127	183	
20 „ „ 30 „	1	4	3	5	5	7	10	3	12	5	7	3	14	3	7	1	2	1	2	32	63	95	
30 „ „ 40 „	1	1	2	6	...	9	...	3	1	2	...	1	4	22	26	
40 „ „ and over	1	2	1	1	1	...	1	4	3	7	
Unknown	
Totals	3	2	10	11	14	15	27	29	28	50	30	36	39	46	33	49	22	73	16	47	15	44	20	31	9	21	2	17	268	471	739

* The figures here should correspond with the total of (a) and (b), Congenital Cases, in Table E 2.

TABLE E 2.—Showing the Form of Mental Disorder on 31st December, 1919, of those on the Registers at that date.

Forms of Mental Disorder on 31st December.		M.	F.	T.
Congenital or infantile mental deficiency (idiocy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { <i>a.</i> With Epilepsy	11	11	22
	<i>b.</i> Without Epilepsy	37	22	59
	2. Moral
Insanity occurring later in life.	1. Insanity with Epilepsy.....	20	34	54
	2. General Paralysis of the Insane	7	...	7
	3. Insanity with Grosser Brain Lesions
	4. Acute Delirium
	5. Confusional Insanity	1	3	4
	6. Stupor.....
	7. Primary Dementia	12	14	26
	8. Mania { <i>a.</i> Recent.....	18	26	44
	<i>b.</i> Chronic	32	93	125
	<i>c.</i> Recurrent	15	20	35
	9. Melancholia { <i>a.</i> Recent.....	19	40	59
	<i>b.</i> Chronic	22	62	84
	<i>c.</i> Recurrent	5	11	16
	10. Alternating Insanity	2	2	4
	11. Delusional Insanity { <i>a.</i> Systematised	8	10	18
	<i>b.</i> Non-systematised	3	3	6
	12. Volitional Insanity { <i>a.</i> Impulse
	<i>b.</i> Obsession	1	1
	<i>c.</i> Doubt	1	...	1
	13. Moral Insanity	1	1
	14. Dementia { <i>a.</i> Senile	6	27	33
	<i>b.</i> Secondary	49	91	140
Totals		268	471	739
Prospect of Mental Recovery {				
Favourable.....		9	13	22
Doubtful		8	14	22
Unfavourable.....		251	444	695

DIET SCALE.

BREAKFAST At 8.0 A.M.										DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.											
Males.				Females.			Males.				Females.						Males.				Females.										
Bread.	Cocoa.	Margarine.	oz.	oz.	pt.	oz.	Tinned Meat.	Dumpling.	Fish.	Uncooked Meat.	Haricots.	Pea Soup.	Irish Stew.	Vegetables.	Bread.	Dumpling.	Fish.	Uncooked Meat.	Haricots.	Pea Soup.	Tinned Meat.	Irish Stew.	Vegetables.	Bread.	Cake.	Margarine.	Tea.	oz.	pt.		
8	1	$\frac{1}{4}$	6	1	$\frac{1}{2}$	8	...	4	...	4	...	1	...	8	2	6	2 $\frac{1}{2}$...	12	1	
8	1	$\frac{1}{2}$	6	1	$\frac{1}{2}$	8	...	5	...	5	3	4	2 $\frac{1}{2}$	1	
8	1	$\frac{1}{3}$	6	1	$\frac{1}{3}$	8	1	4	8	1	
8	1	$\frac{1}{2}$	6	1	$\frac{1}{2}$	8	16	16	...	12	...	4	12	1	
8	1	$\frac{1}{2}$	6	1	$\frac{1}{2}$	8	...	10	...	6	16	4	4	8	1	
8	1	$\frac{1}{3}$	6	1	$\frac{1}{3}$	8	4	1	8	8	16	1	
Weekly Total	56	7	3 $\frac{1}{2}$	42	7	2 $\frac{5}{8}$	16	16	10	19	4	1	1	64	14	12	8	19	3	1	2 $\frac{3}{4}$	1	56	42	7	2 $\frac{1}{4}$	7	36	6	2 $\frac{1}{4}$	7

DINNER.

<i>Male Patients.</i>		<i>Female Patients.</i>	<i>Male Patients.</i>		<i>Female Patients.</i>
Sunday ...	Boiled Beef, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday ...	Roast Meat.	Ginger or Dried Fruit or Treacle Dumpling.
Monday ...	Pea Soup.	Tinned Meat.	Friday ...	Fresh Fish, Potatoes and Sauce.	Irish Stew.
Tuesday ...	Tinned Meat.	Pea Soup.	Saturday ...	Irish Stew.	Fresh Fish, Potatoes and Sauce.
Wednesday ...	Ginger or Dried Fruit or Treacle Dumpling.	Boiled Beef.			

Extra Diet for Sick.—Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Male Working Patients.— $\frac{1}{2}$ pint Gingerette or other Non-alcoholic Liquors, 4oz. Bread, $\frac{1}{4}$ oz. Butter at 11 A.M., and $\frac{1}{2}$ pint Gingerette at 4 P.M. Tobacco and Snuff given as indulgences.

Ditto Female Working Patients.— $\frac{1}{2}$ pint Cocoa, 4oz. Bread, $\frac{1}{4}$ oz. Butter at 11 A.M., and 4oz. Bread, $\frac{1}{4}$ oz. Butter, and $\frac{1}{2}$ pint Tea at 4 P.M.

Cocoa for One Hundred Patients.—26ozs. Cocoa, 3lbs. 8ozs. Sugar, 2 gallons Milk, or more, if the Dairy yields it.

Coffee *Ditto* 1 $\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, 2lbs. 12ozs. Sugar, 2 gallons Milk.

Tea *Ditto* 1lb. Tea, 3lbs. Sugar, and 2 gallons Milk.

Pea Soup *Ditto* {The Liquor of the Cooked Meat, Bones, &c.; 18lbs. Split Peas; Carrots, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Irish Stew *Ditto* Meat with Potatoes and other Vegetables and Pearl Barley (1 $\frac{1}{2}$ ozs. each).

Dumpling, 100lbs. weight.—48lbs. Flour; 12lbs. Suet, with Raisins and Currants, Ginger or Treacle.

Attendants' and Servants' Diet.—7lbs. Bread (Women, 5 $\frac{1}{4}$ lbs.), 3 $\frac{1}{2}$ pints New Milk, 4oz. Tea, 3 Eggs, $\frac{1}{2}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, 8oz. Butter or Margarine, 1lb. Cheese (Women, $\frac{1}{2}$ lb.), 1 $\frac{1}{4}$ lbs. Meat, $\frac{1}{4}$ lb. Bacon, 12ozs. Fish (Women, 10ozs), 3 Sweet Puddings, $\frac{1}{2}$ lb. Jam weekly.

Peas Pudding, Haricots and Dried or Tinned Fish once a week. Night Attendants (non-resident) 2oz. Tea weekly.

31st March, 1920.

(Signed) CHARLES PLANCK,
Medical Superintendent.

REPORT OF COMMISSIONER OF BOARD

OF CONTROL.

BRIGHTON ASYLUM,

August 18th, 1919.

I have to-day visited and inspected this Asylum and its inmates, and can report that it continues to be well maintained and administered. Since my Colleague's visit in October last the following changes have taken place among the Patients.

	Males.	Females.	Total.
Admissions	79	142	221
Discharges or Removals .	90	179	269
Of whom had Recovered	21	35	56
Deaths	87	74	161

There are to-day on the Statutory Books the names of 297 Men and 515 Women—a total of 812 Patients. Of these 17 Men and 43 Women are classified as Private Patients, and 20 Men as Service Patients. Two hundred and four Patients are Out County—39 Men and 72 Women being received under contract from Eastbourne, 27 Men and 30 Women from West Sussex (these will shortly return to Graylingwell), three Men and eight Women come from Napsbury Asylum, and the remaining 25 Out County Patients are from the Unions of Cuckfield, Lambeth, Wandsworth, Meriden and Poplar.

The 200 Portsmouth Asylum Patients received under a War contract returned to that Asylum in April last. There are now 65 vacant beds on the Male side, but on the Female side there is still an excess of 12 Patients.

Fourteen Imbecile Children are boarded out in the East Sussex and Netherne Asylums—eleven in the former and three in the latter.

The Weekly Maintenance Rate for the Home and Out County Patients is 25s. per head, and that for the Private Patients 20s. 6d., 22s. 6d. and 42s., but from October 1st the latter charges will be raised to 27s., 31s. and 42s.

One man is now out on trial. The remaining Patients, 811 in number, have all been seen by me, and given every opportunity of speaking with me, and stating their grievances. Apart from appeals from many for discharges, I received no complaints whatever as to their treatment. On both sides the Patients were extremely quiet and orderly, and appeared well contented with their surroundings. Their clothing and personal appearance was satisfactory. Seventeen Men and 90 Women were confined to bed, but the majority on account of mental reasons. Four Men and six Women were suffering from Tuberculosis, the former were being treated in a small Ward, with three cases of Dysentery, and the six Women were with 32 other Women, who were either suffering from or who had suffered from Dysentery, in the Sanatorium building. Dr. Planck is carrying out many of the recommendations of our Board suggested for the treatment of these cases. The old Turkish Bath has been converted into a Disinfector

for the foul linen, which is brought from the Wards in special receptacles.

No Verandahs have yet been provided to any of the Infirmary Wards, and it is hoped that the Committee will soon take the matter into consideration again. In the meantime several of the Infirmary cases are placed on mattresses on the lawns, and I there saw 14 Women to-day deriving benefit from the open-air treatment.

For the year ending 31st December last, the Death Rate on the Male side was 32.52, and on the Female side 12.58, or for the two together 20.54. During the period under review, of the 161 Deaths 6, or 4 per cent., were due to General Paralysis; 8, or .5 per cent., to Epilepsy; 10, or 7 per cent., to Pneumonia and Bronchitis; 27, or 16 per cent., to Heart Disease; 17, or 10 per cent., to Organic Brain Disease; and 13, or 8 per cent., to Dysentery; 29, or 11 per cent., to Tuberculosis; and 40, or 24 per cent., to Influenza. Of this latter disease there was a severe outbreak at the end of last year, when about 200 patients and 40 members of the Staff were attacked. Since the last visit there have been 42 cases of Dysentery, and 32 fresh cases of Pulmonary Tuberculosis.

All the Deaths were due from natural causes, an inquest being held only in one case. There has been one serious but non-fatal casualty—that of an old woman who fractured the neck of the left femur from an accidental fall.

There has been no resort to mechanical restraint.

The state of the Day Rooms, Dormitories, and Passages, apart from some want of re-decoration, was

satisfactory, and there appeared a good supply of books, papers, and other things to interest and amuse the Patients. The Airing Courts and Grounds were tidy and well kept.

I saw the Dinner being partaken of by 210 Men in the Male Dining Hall, and by 350 Women in the Female Dining Hall. For the former it consisted of soup and bread, and for the latter stewed meat, vegetables, and bread. Both appeared to be good and sufficient, and I received no complaints as to the Dietary.

The hours of duty of the Nursing Staff have recently been re-arranged, by which each member now works for 60 hours each week, and has $2\frac{1}{2}$ days off.

The present Staff consists of 8 Charge, 43 Ordinary, and 9 Night members on the Male side, and of 11 Charge, 67 Ordinary, and 13 Night Nurses on the Female side.

Dr. Planck is assisted by two Medical Colleagues—Dr. G. Harper-Smith and Dr. H. J. Forster, the former of whom has lately returned from Military Service.

B. T. HODGSON,

Commissioner of the Board of Control.

